

FMF CHOW GAMES
TECHNICAL OFFICIALS WORKSHOP

ANZ STADIUM
SATURDAY 20TH OCTOBER 2018



1. 8.30AM – 9.00AM REGISTRATION

2. 9.00AM - 9.15AM OPENING / WELCOME – MR PATRICK BOWER

3. 9.15AM - 9.30AM INTRODUCTION – MR VULI WAQA

1. OFFICIATING PHILOSOPHY

- 1.1 Officials Aims & Responsibilities
- 1.2 Rules of Track & Field

2. QUALITIES OF A GOOD OFFICIAL

4. 9.30AM – 10.00AM – MODULE 1

1. GENERAL RULES OF TRACK & FIELD

- 1.1 Entries
- 1.2 Clothing, Shoes & Bib Nos
- 1.3 Assistance to Athletes
- 1.4 Disqualification
- 1.5 Protest & Appeals
- 1.6 The Jury

2. MANAGEMENT OFFICIALS & THEIR ROLES

- 2.1 Competition Director
- 2.2 Competition Manger
- 2.3 Technical Manager
- 2.4 Track Referee
- 2.5 Field Referee

5. 10.00AM – 10.30AM - MORNING TEA

6. 10.30AM – 12.00PM – MODULE 2 - TRACK EVENTS

1. REFEREES, UMPIRES & THEIR ROLES

2. STARTING

- 2.1 Starters Referee
- 2.2 Start Co-ordinator
- 2.3 Starters & Recalls
- 2.4 Starting Procedures
- 2.5 False Start Rule
- 2.6 Starters Assistants

3. THE RACE

- 3.1 Obstruction Rule
- 3.2 Running in Lanes
- 3.3 Leaving the Tracks

4. THE FINISH

- 4.1 Judging the Finish
- 4.2 Time Keeping
- 4.3 Fully Automatic Photo Finish

5. RELAY RACES

- 5.1 Rules Governing 4 x 100m & 4 x 400m
- 5.2 Changing Zones 4 x 100m & 4 x 400m

7. 12.00PM – 1.00PM – MODULE 3 – FIELD EVENTS

1. FIELD EVENT REFEREES & THEIR ROLES

2. JUMPING EVENTS

1. LONG JUMP

- 1.1 Officials Required
- 1.2 The Competition Rules
- 1.3 Measuring & Recording

2. HIGH JUMP

- 1.1 Basic Equipment
- 1.2 Officials Required
- 1.3 The Competition & Rules
- 1.4 Measuring & Recording

3. RESOLVING TIES FOR VERTICAL EVENTS

- 3.1 First Test
- 3.2 Second Test
- 3.3 Third Test

8. 1.00PM – 2.00PM LUNCH BREAK

9. 2.00PM – 3.00PM – MODULE 4 – THROWING EVENTS

1. SHOT PUT

- 1.1 Basic Equipment
- 1.2 Officials Required
- 1.3 The Competition Rules
- 1.4 Measuring & Recording

2. SOFT BALL/ CRICKET BALL THROWS

- 2.1 Basic Equipment
- 2.2 Officials Required
- 2.3 The Competition Rules
- 2.4 Measuring & Recording

3. RESOLVING TIES FOR ALL FIELD EVENTS

10. 3.00PM – 3.15PM - EVALUATION AND CLOSING

3.4 Lap Scorers	
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